

Adults with Challenging Behaviors: What Services Are Available in the Home?

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The Lanterman Act Proviso



- Individual needs baked in, via the Individual Program Plan
- 21 Regional Centers on purpose to address local needs
- Not all Regional Centers have providers of these services outlined in this presentation.
- Bay Area Regional Centers are particularly challenged right now due to rate issues, including local minimum wage ordinances.
- Can't speak to what your adult child's needs are, nor what services your regional center will then authorize.
- For more information contact your Service Coordinator (SARC), Social Worker (GGRC), Case Manager (RCEB).

Behavior Management Services

- Services that provide a variety of health care professionals to address behavioral challenges in various settings. For some of these services the primary funding sources, before regional centers can fund, are Medi-Cal or private insurance.
- Available across all age groups; Early Start (0-3 y.o.), School Age (4-18/22 y.o.) and Adults (18 y.o. or older).
- At SARC, adults may receive this sort of service with the focus being on the health and safety of the adult child and his/her family.
- Variety of “Service Codes” fall under this category including; BCBA’s, Licensed Psychologists, Licensed Marriage and Family Therapists (LMFT), Licensed Clinical Social Workers (LCSW), etc.

Crisis Team - Evaluation and Behavioral Intervention

- Crisis support teams who can mobilize in the community when a consumer is in short-term behavioral crisis.
- Available to school age children (4-18/22 y.o.) and Adults (18 y.o. or older).
- Can respond to the family home if needed.
- Have relationships with local law enforcement agencies, often presenting to them at their Crisis Intervention Training courses regarding people with I/DD.
- SARC has two Crisis Teams
- DDS is establishing mobile acute crisis teams. These teams will be available 24-hours a day, seven days a week to provide in-home crisis services and mental health treatment for stabilization to help maintain an individual in their existing residence. (Tiffani's topic)

Other Services which Can Support

- Independent Living Services (ILS) – training for people to learn and improve home and community life skills. Can occur in family home. Adults or young people who have exited the school system
- Some services, not provided in the home, can help address challenging behaviors in ways that can be generalized to the family home environment.
- Adult Day Programs – Behavior Management Programs
- Tailored Day Services (TDS) – Subset of day programs which can be tailored to address behavioral issues. 80% of a week's budget for that day program.

Therapeutic Behavioral Services (TBS – ID)

- Funded and provided by Santa Clara County Behavioral Health Services.
- Check for similar programs in your county.
- TBS-ID is provided by behavioral coaches who demonstrate expertise working therapeutically with clients with intellectual or developmental delays/disabilities and their families. TBS-ID behavioral coaches also work with the [San Andreas Regional Center](#) and other system partners to provide client centered care.
- Providers: Hope Services, Fred Finch Youth Center, Rebekah Children's Services (RCS) and Uplift Family Services
- Youth with Full Scope Medi-Cal who are up to 21 years old, who are in need of help with very intense behavioral and emotional issues.

Regional Center Services and Descriptions

<http://www.sanandreasregional.org/wp-content/uploads/2015/06/RC-Services-and-Descriptions-8-2-18.pdf>

Please watch “We’re Here to Speak for Justice” on YouTube at:

<https://www.youtube.com/watch?v=ZBVAPDQlnXg>